

BREAKFAST

Morgan's Tavern

at the MIDDLEBURY INN

Healthy Start

AVOCADO TOAST 14

House made challah bread with avocado spread, two over easy eggs and heritage greens topped with mandarin oranges, toasted pepita and pomegranate dressing.

CONTINENTAL 12

Warm buttered muffin (chef's choice) or an everything bagel with cream cheese, cereal with milk and fruit cup.

Choice or cereal:

Frosted Mini Wheats, Corn Flakes, Froot Loops, Frosted Flakes, Apple Jacks, Rice Krispies, Raisin Bran, Special K.

Morgan's Signatures

GRANOLA BREAKFAST BOWL 13

House made maple granola topped with vanilla Cabot yogurt, strawberries and blueberries.

HOUSE MADE BUTTERMILK FLAP JACKS OR HOUSEMADE BELGIAN WAFFLE 15

Two pancakes (plain, berries, or chocolate chips), or housemade Belgian waffle (plain or topped with berries) and Vermont maple syrup on the side. Served with two sides: bacon, maple sausage, ham steak, hashbrowns or a fruit cup.

Middlebury Inn Originals

MIDDLEBURY INN'S TRADITIONAL BREAKFAST 14

Two eggs any style; choice of meat: 3 cider bacon, 3 maple sausage or ham steak; and choice of toast and hashbrowns.

CHAMPLAIN VALLEY FRENCH TOAST 15

House made challah bread with custardy vanilla batter and Vermont maple syrup. Served with two sides: bacon, maple sausage, ham steak, hashbrowns or fruit cup.

HOT CEREAL 12

Local King Arthur oats served with toasted walnuts, Vermont maple syrup, cup of fruit, and a side of milk.

GARDEN OMELET (V) (GF) 14

Three eggs, Vermont cheddar cheese, diced tomato, red onion, spinach and red bell pepper. Served with hashbrowns & choice of toast.

VERMONT CHEDDAR OMELET (GF) 14

Three eggs, Vermont cheddar cheese, and ham topped with fresh chopped herbs. Served with hashbrowns & choice of toast.

BREAKFAST QUESADILLA 13

Crispy flour tortilla filled with cheddar cheese, scrambled egg, bacon and bell pepper. Served with guacamole.

Accompaniments

ONE EGG SIDE \$2

BACON \$7

HAM STEAK \$5

SAUSAGE \$5

HASHBROWNS \$2

FRUIT \$4

Beverages

ORGANIC VERMONT COFFEE COMPANY COFFEE \$3

HOT TEA \$3

MILK \$3

CHOCOLATE MILK \$3

JUICE \$3
(ORANGE, APPLE, CRANBERRY & GRAPEFRUIT)

ICED TEA/LEMONADE \$3

SODA \$3
(COKE, DIET COKE, GINGER-ALE, SPRITE AND ROOT BEER)

TOAST CHOICES: White, Wheatberry, Rye, English Muffin or Gluten Free

MORGAN'S TAVERN IS COMMITTED TO BUYING LOCAL AND PROUDLY PARTNERS WITH

CABOT CREAMERY / MONUMENT FARMS DAIRY / BUTTERNUT MOUNTAIN

VERMONT CREAMERY / CHAMPLAIN VALLEY APIARIES / MAPLEBROOK FARMS / MAPLE MEADOW FARM

The Vermont Department of Health advises that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

(V) Vegetarian (GF) Gluten Free